

# PLAYING ON THE EDGE

## A MONTHLY INTROSPECTIVE ART GROUP

- ◆ No art experience required
- ◆ All materials provided
- ◆ Safe place to explore art without judgment

**NOW OFFERED TWICE A MONTH!**

**FIRST Sundays of the month**

(except Sept + no sessions July & Aug)

**New Saturday Sessions Added:**

Each Saturday before 1st Sundays

Mar 4, April 1, May 6, Sept 9, Sept 30, Nov 4, Dec 2

(Sat & Sun sessions have same theme)

12:30 pm - 4:30 pm

Location: Fair Oaks \* Details upon registration

Cost: \$20 per session, payable at the door

Carol Mathew-Rogers, MA, Facilitator

One afternoon each month, give yourself the gift of time away from life's pressures by joining a supportive community of explorers who value artistic adventure and compassionate sharing. *Playing on the edge* means following one's curiosity and imagination with an open heart and playful attitude, no matter where it leads, trusting that the process will be one of discovery and simple appreciation.

Delve into a different art medium each month, focusing on your intuitive creativity. An evocative poem will prompt your ideas, then you'll create in a quiet atmosphere, and finish with the opportunity to share your art and experience with others.

### THEMES and SCHEDULE 2017

#### **EMBRACING CHANGE**

January 8 Celebrate & Release  
February 5 Awareness  
March 4 & 5 Compassion

#### **RECOVERING JOY**

April 1 & 2 Possibility  
May 6 & 7 Amazement  
June 4 Abundance

#### **TAKING A BREATH**

July & August No Playing on the Edge

#### **TRAVELING INWARD**

September 9 & 10 Self-Protection  
Sept 30 & October 1 Inner Strength  
November 4 & 5 Gratitude & Grief  
December 2 & 3 Spiritual Center



**The Creative Edge:**  
*The Way of the Arts*

nurturing creative, intuitive expression

Advanced reservation required by  
email to: [Carol@Creative-Edge.org](mailto:Carol@Creative-Edge.org)