



# THE ART OF HEALING A SOUL COLLAGE WORKSHOP

*Let your chosen  
images  
reveal healing  
inner guidance*

**Saturday October 28, 2017**  
**10:00 am - 3:00 pm**      **Cost: \$45**  
**Facilitated by Karen Haas**  
**Location:**  
**Sacramento Area - Details upon registration**  
**Bring bag lunch**

*Engaging in creativity can produce physical and emotional benefits for both the creator and those who observe the image. Non-artists longing to be creative appreciate that there is no wrong or right way in SoulCollage®; the process is simple, fun and profound. Anyone able to manage scissors and glue can create beautiful cards and enjoy sharing them with others.*



In The Art of Healing you will be using the SoulCollage® process to tap into your intuition and creativity, stimulating deep healing and transformation. This gentle, yet deep self-care method invites and honors intuitive insights, stories and visions that are often outside of conscious awareness. You will make one or more “card(s)” - a 5” x 8” piece of art made from images you are drawn to, which grab hold of you and offer an array of feelings. As creative beings, we are drawn to those things that speak to us, fill a need, give us joy, and feed our souls. It’s as if the images select you. Then you will have an opportunity to let your cards speak, listening deeply to discover their healing messages and inner guidance.



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