



The Creative Edge:
The Way of the Arts

HEALING ARTS PROJECT

At Creative Edge we facilitate projects that focus the attention of participants on the healing potentials of using art to access their intuitive and creative strengths. The *Healing Arts Project* is designed to provide stimulating creative art activities, such as collage, mandalas and stamp printing, that helps patients and visitors relieve the tedium that results from waiting for medical appointments or receiving extended medical services. In addition, the simple art forms provide a way to visually verbalize formidable emotions that can be difficult to express. Staff can participate to express their own needs for healing and comfort.

Studies have shown that “creative expression has a powerful impact on health and well-being on various patient populations. Participation and/or engagement in the arts have a variety of outcomes including a decrease in depressive symptoms, an increase in positive emotions, reduction in stress responses, and, in some cases, even improvements in immune system functioning.”

(2010 Stuckey & Noble, Cathy Malchiodi PhD.)



Photo Collage



Colorful Mandala



Healing flag

We are looking for sites to do this valuable public service project. For a limited time we have funding for the project, so there is no cost to the host organization. Please contact us if you are interested in having the *Healing Arts Project* come to your organization, for either a one time event or longer collaboration.

***Please contact us for more information:
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